

LEGENDS OF THE FALL

**NICK DALL SHARES THE LATEST
GADGETS, GEAR AND GARB TO
ENSURE A STRESS-FREE
AND COMFORTABLE
AUTUMN ESCAPE**

As we head out of summer, the sun's rays become a little more forgiving and the plethora of public holidays makes every second weekend a long one. If you ask us, this means one thing and one thing only: Get out and enjoy the outdoors. From gentle car camping to strenuous multi-day hikes, we've got your back.



KEEN Men's Koven Mid Waterproof Hiking Boots

American brand, KEEN, is fast becoming my footwear provider of choice. Absolutely everything I've ever tested of theirs is brilliant, and the lightweight but tough Koven waterproof boots are no exception. The KEEN.Dry breathable membrane lets no water or mud into your boots, but allows sweat to escape—ensuring all-day comfort. The mesh and leather uppers are seriously well constructed while the moulded EVA midsole and 'off-road' rubber outsole will keep your feet protected. For the ladies, there's a fetching feminine version at the same price.



KEEN Men's Koven Mid Waterproof Hiking Boots R1 499

from your iPhone on your watch. Still not convinced? You can make 'videos' of your activities via Suunto's free Movescount app, which overlays performance data onto a GPS map of your route. Incredible.

EcoSouLife Biodegradable Camper Set

For stylish outdoor dining with a clear conscience, look no further than this



EcoSouLife Biodegradable Camper Set R175

K-Way Men's Explorer Uvongo Shirt

The shirt you're wearing can be the difference between a great holiday and a terrible one, and the K-Way Explorer Uvongo is bound to keep you smiling. Its UPF40+ fabric also has incredible moisture-wicking properties, and mesh ventilation seals the deal. Loads of pockets mean there's a spot for everything, and it's so quick-drying that you can wash it in the river every evening. If you don't want to take it off when the holidays end, you don't have to: The Uvongo is also a smart city-slicker. Ladies, look out for the equally impressive Rynie at R499.

K-Way Men's Explorer Uvongo Shirt R499



Suunto Ambit3 Peak HR GPS Watch R7 999



Suunto Ambit3 Peak HR GPS Watch

Suunto has pushed the limits with its all-new Ambit 3 range. The multisport Peak HR model knows its ABCs (Altimeter, Barometer, Compass) and it has an extremely accurate built-in GPS. What's more, it comes with a snazzy heart-rate monitoring strap. You can access all the data from your hikes, cycles, runs and swims via Bluetooth and you can even receive notifications

biodegradable set designed for one person. It's all made from recycled vegetable matter, which looks like matt plastic and performs in much the same way: It's completely reusable and is even dishwasher-friendly. The only difference is that if you forget a mug next to the river, it'll be turned into compost over time. Leave no trace!

K-Way Women's Explorer Ederle Trousers R699

K-Way Women's Explorer Ederle Trousers

If you're not sure what the weather's going to throw at you, you need a pair of Ederle Trousers. Its quick-dry nylon—with UPF40+ protection and a water-repellent DWR (durable water repellency) coating—really does cover all the



bases. Mesh inners at the waist do a great job of moisture management; articulated knees make these pants great for uphill; and zippered ankles allow you to put them on over your boots without having to hop about like an overweight flamingo. But it gets even better: Zips at the knees allow you to transform them into trendy shorts in a jiffy! Gents, check out the corresponding K-Way Explorer Kloof Trousers, also at R699.

Mobicool P24 AC/DC

If you're hiking, you'll have to make do with river water and tinned tuna, but today's car camper doesn't need to ditch all the home comforts. This 24L thermo-electric cooler can run from your car's cigarette lighter, or from 220V mains power—keeping the contents at 18°C below ambient temperature. (For best performance, ensure the nifty lockable lid is opened as seldom as possible.) The P24 is small enough to fit between the kids on the back seat, but its clever design means you can even stand 2L bottles upright. There's also a built-in compartment for the power cables... Mobicool really has thought of everything.

K-Way Solitude 2 Person Tent

The K-Way Solitude dome tent is fast becoming a South African classic. You can put it up in under five minutes; it's strong enough to withstand the Cape Southeaster; and its 1 500mm siliconised flysheet will keep you bone-dry. Like all K-Way tents, it comes in a strong carry bag that really is big enough to hold the tent. It's tailor-made for car camping, but also works on shortish multi-day hikes—especially if one of you carries the poles and the other takes the rest of the tent. The Solitude is big enough to take two people without luggage; but



Cape Union Commando Chair
R699



K-Way Solitude 2 Person Tent
R1 199



Mobicool P24 AC/DC
R1 199

Cape Union Sapphire Cowl Sleeping Bag
R550



Cape Union Commando Chair

Who said camping has to be uncomfortable? The super-sturdy Commando is so good to sit in, you'll soon be moving one into the lounge at home! Steel legs and arms mean it really can hold 120kg (good news if you're a member of the Springbok 'Tight 5'), while the padded seat and back provide the comfort you deserve after a hard day's walking, kayaking or braaiing. The side pouch doubles as a drinks holder, and the chair comes in a hard-wearing carry bag.

Cape Union Tripod Aluminium Chair R150

Your hiking buddies may laugh when you rock up on Day 1 of the Otter Trail with a chair strapped to your pack, but the joke will be on them when they're all fighting over the only flat rock in camp come nightfall. This tripod chair folds up small, weighs next to nothing, and can easily take the weight of a grown man.

if you want a bit of breathing room, go for the three-person K-Way Panorama (R1 499) or the four-person K-Way Vista (R1 999).

Cape Union Sapphire Cowl Sleeping Bag

If you're looking for one bag for all conditions, the three-season Cape Union Sapphire Cowl is your guy. Unless you're a real winter warrior, it's warm enough for most South African conditions and it packs small enough to be suitable for both hiking and camping. Its Ripstop outer is



K-Way Tsitsikamma Daypack R899

K-Way Evo '12 Gearbag R399 (S) / R450 (M) / R499 (L) / R550 (XL)



durable; it has a roomy cowl to keep your noggin toasty; and the Polycotton lining keeps you warm and sweat-free. If you buy two bags (one right zipper and left zipper), Mom and Dad can double up. Genius.

K-Way Tsitsikamma Daypack

It doesn't get better than the 30L K-Way Tsitsikamma Daypack. Designed by hikers for hikers, it's a whole lot more than a pretty face. Made from 'I mean business' Ripstop nylon, and featuring a number of nifty pockets and compartments, the Tsitsikamma is hydration-system compatible and comes with a built-in rain cover. Perhaps most importantly, the ventilated back system keeps you dry while the waist and sternum belts ease the load. The Tsitsikamma is looking for a long-term commitment from a dedicated lover of the outdoors...

K-Way Evo '12 Gearbag

The tough-as-nails Evo may just be the most useful bag you ever buy: It's perfect for weekends and road trips, and comes in loads of different colours and sizes, so you can get one for every member of the family. The clever strap system means you can carry it vertically, horizontally or over the shoulder. The YKK zips will never give, and it all folds into a durable pouch for easy storage.

Leatherman Wave II

Tim Leatherman invented the multi-tool in 1984, and the Wave is his biggest seller. The Wave II has drawn on customer feedback to include all of the most requested features: bigger



Leatherman Wave II R1 499

knives, stronger pliers and longer wire cutters. What's more, every single tool on the Wave II is lockable! It's perfect for mechanics, but is also great for camping, hiking and survival. It has two blades, real screwdrivers and a pair of pliers that can cut through a Karoo fence in a jiffy. If you want one tool to do it all, then catch the Wave and hang ten.

LED Lenser SEO5 Headlamp R550



LED Lenser SEO5 Headlamp

You get headlamps. And then you get LED Lenser headlamps. The SEO5 is bright (180 lumens) and it has an incredible battery life (25 hours on low), but this is just the beginning... Its most amazing feature is the patented Advanced Focusing System, which gives you both an extremely wide angle beam with low intensity and a sharply focused long-range beam. Other cool functions include a lockable power button (so it doesn't turn itself on in your pack), red-light mode (great for photos around the braai) and two free sets of Duracell AAAs.

Blackfire Clamplight LED Lantern R599



Blackfire Clamplight LED Lantern

The all-new Clamplight Lantern clamps to anything (branch, tent pole, wheel arch... you name it) and can also be used as a torch. It uses two CREE LEDs to deliver an incredible 260 lumens of light from three measly AA batteries—and if there really is nothing 'clampable', it even stands on its own two feet. Its head swivels to allow you to direct the light where you want it. When dinner's done, use the low-light setting to pump up the ambience and save on batteries. ☺